

Holy Week

PASSION (PALM) SUNDAY – APRIL 10

Blessing and Distribution of Palms at the start of all weekend Masses



Saturday Mass 5:00 pm
Sunday Masses 9:00 am
 11:00 am
 5:00 am

TUESDAY APRIL 12

7:30 pm Mass of Chrism (celebrated at the Cathedral)

Easter Triduum

HOLY THURSDAY – APRIL 14

7:00 pm Mass of the Lord's Supper

Followed by Adoration until 11:00 pm

GOOD FRIDAY – APRIL 15

11:00 am Passion Service for Children and Families

3:00 pm Celebration of the Lord's Passion

7:00 pm Stations of the Cross

HOLY SATURDAY – APRIL 16

11:45 am Liturgy of the Hour (Morning Prayer)

12:00 pm Blessing of Easter Baskets

8:00 pm Solemn Easter Vigil Resurrection of the Lord

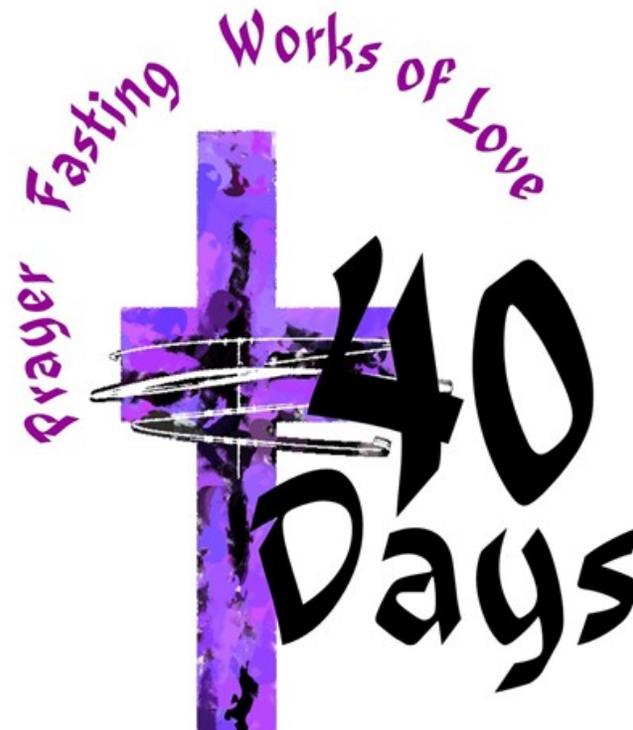
EASTER SUNDAY – APRIL 17

9:00 am Mass in Church

11:00 am Mass in Church

No 5:00 pm Mass

*Please place this insert in a conspicuous place at home. I encourage each of you to come out for all our worship services. Please enter into Lent with a prayerful spirit. God bless you.
~ Father Mathew~*



2022

Lenten & Easter Schedule

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Lenten Reflection

As the days lengthen and spring brings new growth to the Earth after the winter, the six weeks of Lent provide us with an opportunity to grow in our awareness of God's presence in our lives. It is a time during which we strive towards an inner conversion of heart by opening both our hearts and our minds to self examination and self discipline during these weeks before Easter.

The season of Lent is traditionally the time for those wishing to become members of the Church to prepare for Baptism. In the early Church, the whole Christian community accompanied these 'Catechumens' in their spiritual journey and, in doing so, each person also prepared themselves to renew their own Baptismal vows at Easter. By making space for our own spiritual growth we will be able to encourage other people to accompany them in their spiritual journey towards a deeper understanding of the Paschal Mystery, the great mystery of Jesus' life, death and resurrection.

TRYING HARDER

Let us pray that we will try harder to love you in all the things that we say and do and in all the choices that we make during this season of Lent. May we always be people of love and forgiveness. As we journey with you this Lent may we become closer to you, grow to know you more and learn to live in a new way. As we remember your death, Jesus, we know that it was a sign of God's great love for us. Live in our hearts this Lent and help us to share this love with our families, friends, and everyone that we meet. Amen

Father Mathew Pendanathu

FAST AND ABSTINENCE

In the Roman rite, including Canada, **Ash Wednesday** and **Good Friday** are days of fasting and abstinence from meat.

Christian fasting obtains its full meaning when we deprive ourselves of food in order to be more open for prayer, to share more in the suffering of those who are starving and to save money to give to the poor. Fasting among Christians is a penitential discipline intended to open our hearts to God and others, a means of purification and spiritual liberation, a witness of the depth of our faith.

<p style="text-align: center;"><u>Ash Wednesday</u> March 2 9:00am Mass in Church with distribution of Ashes 7:00 pm Mass in Church with distribution of Ashes</p> <p style="text-align: center;"><u>Weekday Lenten Schedule</u> Monday—Friday 9:00 am Mass in Church <u>Fridays</u> 6:30 pm Stations of the Cross followed by Mass</p> <p style="text-align: center;">Stations of the Cross</p> 	<p style="text-align: center;"><u>Weekend Mass Schedule</u> Saturdays (Vigil Mass) 5:00 pm Sundays 9:00 am 11:00 am 5:00 pm</p> <p style="text-align: center;"><u>Sundays In Lent</u> First Sunday of Lent-March 6 Second Sunday of Lent-March 13 Third Sunday of Lent-March 20 Fourth Sunday of Lent-March 27 Fifth Sunday of Lent-April 3 Solidarity Sunday (Development & Peace) Passion Sunday (Palm)-April 10</p> <p style="text-align: center;">Saturday April 2, <i>Diocesan-Wide Day of</i> <i>Reconciliation.</i> The Sacrament of Reconciliation will be offered in all Churches 10:00am – 2:00pm</p> <p style="text-align: center;">Wednesday, April 6 <i>(at St. Thomas More's)</i> 7:00 pm Evening of Reflection & Sacrament of Reconciliation Form II</p>
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