



## Separated & Divorced Healing Ministry

Diocese of St. Catharines

PO Box 875, St. Catharines, ON L2R 6Z4

The Diocesan Separated & Divorced Healing Ministry Support Group meets every second and fourth Monday of the month (except holidays) from 7:00 p.m. to 9:00 p.m. at Mount Carmel Spiritual Centre, 7020 Stanley Avenue, Niagara Falls, Ontario.

For our pamphlet or information, call 905-356-4113 or 905-684-0154, or email [separatedanddivorced@saintcd.com](mailto:separatedanddivorced@saintcd.com)

**During lockdown the meetings will be held virtually on Zoom.**

**Registration is required for Zoom meetings by calling 905-356-4113 or 905-684-0154, or emailing [separatedanddivorced@saintcd.com](mailto:separatedanddivorced@saintcd.com).**

### **PROGRAM SCHEDULE FOR WINTER/SPRING 2021 (Jan. - June)**

**Meetings will resume in person at the end of lockdown. Please note that until further notice, there will be protocols in place for in person meetings specific to the health guidelines due to the COVID-19 pandemic. Participants will be required to bring and wear a mask at the meetings, practice social distancing and sanitize hands. If you forget your mask, a limited supply will be on hand for use.**

January 11, 2021	Welcoming the New Year
January 25, 2021	Facing Fear
February 8, 2021	Understanding Loss
February 22, 2021	Grief Journey, Dino Sicoli, presenter
March 8, 2021	Learning To Forgive, Dino Sicoli, presenter
March 22, 2021	Have Faith, Dcn. Gunther Eyer, presenter
April 12, 2021	Finding Reconciliation, Fr. John Vickers, presenter
April 26, 2021	What Is Forgiveness?
May 10, 2021	Healing, Fr. Hugh Gibson, presenter
May 25, 2021 <i>*Note date change due to holiday</i>	Who Am I Now?
June 14, 2021	New Relationships, Dcn. John Shalala, presenter
June 28, 2021	Loving and Respecting Yourself

❖ **No meetings July & August**

❖ **Meetings resume September 13, 2021**